

BROKEN ARROW MARGARET HUDSON BREAKFAST & LUNCH MENU – FEBRUARY 22- MARCH 5, 2010

WEEK #1	MONDAY, FEB. 22	TUESDAY, FEB. 23	WEDNESDAY, FEB. 24	THURSDAY, FEB. 25	FRIDAY, FEB. 26
BREAKFAST	Strawberries Snack n Waffles Milk	Peaches Breakfast Pizza Milk	Blackberries Breakfast Round Milk	Mixed Fruit Pancake & Sausage on a Stick w/Syrup Milk	Juice Blueberry Square Yogurt Milk
LUNCH	Pizza Green Salad Pineapple	Meatloaf Mashed Potatoes w/Gravy Steamed Broccoli Pears Whole Wheat Roll	Lettuce Bowl w/Variety of Fruits & Vegetables Diced Turkey, Potato Soup Whole Wheat Roll Crackers	Taco Salad Bar Strawberries Whole Wheat Roll	Hamburger/Cheeseburger OR Fish Sandwich Baked Chips Mixed Raw Veggies w/Dip Raspberries
CONDIMENTS					
DRINK					

WEEK #2	MONDAY, MARCH 1	TUESDAY, MARCH 2	WEDNESDAY, MARCH 3	THURSDAY, MARCH 4	FRIDAY, MARCH 5
BREAKFAST	Juice Super Donut Milk	Pears Breakfast Pizza Milk	Peaches Sausage Biscuit Milk	Strawberries Pancake & Sausage on a Stick Milk	Pineapple Cereal Muffin Milk
LUNCH	Turkey Noodle Soup Raw Broccoli w/Dip Peaches Whole Wheat Rolls	Macaroni & Cheese Peas Mixed Berries Cowboy Bread	Chicken Strips Mashed Potatoes w/Gravy Green Beans Glazed Apples Whole Wheat Rolls	Chicken Filet Sandwich Baked Chips Celery Stix w/Dip Pears	Chicken Fried Steak OR Fish Nuggets Mashed Potatoes w/Gravy Corn on the Cob Mixed Fruit, Whole Wheat Rolls
CONDIMENTS					
DRINK					