

BROKEN ARROW MARGARET HUDSON BREAKFAST & LUNCH MENU – FEBRUARY 8-19, 2010

Week #5	MONDAY, FEB 8	TUESDAY, FEB 9	WEDNESDAY, FEB 10	THURSDAY, FEB 11	FRIDAY, FEB 12
BREAKFAST	Applesauce Biscuit & Sausage Milk	Mixed Fruit Breakfast Pizza Milk	Pears Super Donut Milk	Apple Wedges Pancake & Sausage on a Stick w/Syrup Milk	Banana Yogurt Start Your Engine Oatmeal Square Milk
LUNCH	Cheese Enchiladas Refried Beans Mexican Rice Mixed Berries	Macaroni & Cheese Green Beans Grapes Cowboy Bread	Lettuce Bowl w/Variety of Fruits & Vegetables Diced Ham, Cottage Cheese Chicken & Dumpling Soup Whole Wheat Rolls	Taco Salad Bar Pineapple Whole Wheat Roll	Popcorn Chicken Mashed Potatoes w/Gravy Corn on the Cob Pears Whole Wheat Rolls
CONDIMENTS					
DRINK					

Week #6	MONDAY, FEB 15	TUESDAY, FEB 16	WEDNESDAY, FEB 17	THURSDAY, FEB 18	FRIDAY, FEB 19
BREAKFAST	NO SCHOOL	Strawberries Breakfast Pizza Milk	Peaches Cereal (2 oz) Milk	Blueberries Pancake & Sausage on a Stick w/Syrup Milk	Mixed Fruit Super Donut Milk
LUNCH		Corn Dog Nuggets Baked Fries Green Salad Pineapple Whole Wheat Rolls	Lettuce Bowl w/Variety of Fruits & Vegetables Tuna Broccoli & Cheddar Soup Whole Wheat Rolls	Taco Salad Bar Apple Wedges w/Caramel Whole Wheat Rolls	Chicken Fried Steak OR Fish Nuggets Mashed Potatoes w/Gravy Cucumbers w/Dip Pears, Whole Wheat Rolls
CONDIMENTS					

DRINK					
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