

BROKEN ARROW MARGARET HUDSON BREAKFAST & LUNCH MENU – JANUARY 25 – FEBRUARY 5, 2010

WEEK#3	MONDAY, JAN 25	TUESDAY, JAN 26	WEDNESDAY, JAN 27	THURSDAY, JAN 28	FRIDAY, JAN 29
BREAKFAST	Mixed Fruit Cinnamon Tastry Milk	Orange Smiles Breakfast Pizza Milk	Pears Cereal Muffin Milk	Raspberries Pancake & Sausage on a Stick w/Syrup Milk	Applesauce Super Donut Milk
LUNCH	Chicken Pot Pie Raw Veggies w/Dip Pears	Potato Bar w/Chili Variety of Toppings Glazed Apples Whole Wheat Roll	CiCi's Pizza Green Salad Strawberries	Chicken Dippers Baked Fries WK Corn Apple Wedgegs Whole Wheat Rolls	Super Nacho Bar Mexican Rice Baby Carrots w/Dip Mixed Fruit
CONDIMENTS					
DRINK					

WEEK#4	MONDAY, FEB 1	TUESDAY, FEB 2	WEDNESDAY, FEB 3	THURSDAY, FEB 4	FRIDAY, FEB 5
BREAKFAST	Strawberries Snack n Waffles Milk	Mixed Fruit Breakfast Pizza Milk	Mixed Berries Mini Pancakes Syrup Milk	Pineapple Pancake & Sausage on a Stick w/Syrup Milk	Banana Yogurt Muffin Milk
LUNCH	Spaghetti Green Salad Peaches Whole Wheat Rolls	Pasta Bar Green Salad Pears Whole Wheat Rolls	Chicken Strips Mashed Potatoes w/Gravy Mixed Raw Veggies w/Dip Applesauce Whole Wheat Rolls	Frito Chili Pie Cinnamon Roll Green Salad Orange Smiles	Chicken Fried Steak Mashed Potatoes w/Gravy Steamed Broccoli Strawberries Whole Wheat Rolls
CONDIMENTS					
DRINK					

