

BROKEN ARROW MIDDLE SCHOOLS – NOVEMBER 16-20, 2009

| WEEK #1 | MONDAY NOVEMBER 16 | TUESDAY NOVEMBER 17 | WEDNESDAY NOVEMBER 18 | THURSDAY NOVEMBER 19 | FRIDAY NOVEMBER 20 |
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| MAIN LINE 2.00/S 2.65/A | Spaghetti Green Salad Pineapple Garlic Toast White/Chocolate Milk | Meatloaf Mashed Potatoes, Gravy Steamed Broccoli Berry Blend Whole Wheat Roll White/Chocolate Milk | Chicken Nuggets Baked Fries Green Beans Applesauce Whole Wheat Roll White/Chocolate Milk | Sub Sandwich Tater Tots Mixed Raw Veggies w/Dip Strawberries White/Chocolate Milk | Chicken Fried Steak Mashed Potatoes w/Gravy Zucchini Stix w/Dip Whole Wheat Rolls Mandarin Oranges White/Chocolate Milk |
| PIZZA LINE 2.00-2.25/S 2.65/A | Pizza Green Salad Pineapple White/Chocolate Milk | Pizza Green Salad Berry Blend White/Chocolate Milk | Pizza Green Salad Applesauce White/Chocolate Milk | Pizza Mixed Raw Veggies w/Dip Strawberries White/Chocolate Milk | Pizza Zucchini Stix w/Dip Mandarin Oranges White/Chocolate Milk |
| BURGER LINE 2.00-2.10/S 2.65-2.75/A | BBQ Sandwich Baked Fries Lettuce/Tomato Pickle Spears Pineapple Mustard/Mayo/Catsup White/Chocolate Milk | Corn Dog Baked Fries Green Salad Berry Blend White/Chocolate Milk | Hamburger/Cheeseburger Baked Fries Green Salad Applesauce White/Chocolate Milk | Chicken Filet or Spicy Chicken on a Bun Baked Fries, Strawberries Mixed Raw Veggies w/Dip White/Chocolate Milk | Hamburger/Cheeseburger Baked Fries Zucchini Stix w/Dip Lettuce/Tomato Pickles/Onion Mandarin Oranges White/Chocolate Milk |
| SALAD BAR PLUS 2.00-2.10/S 2.65/3.15/A | Lettuce Bowl w/Variety of Fruits & Vegetables Diced Ham French Onion Soup Crackers Whole Wheat Roll White/Chocolate Milk | Potato Bar w/Chili Variety of Toppings Whole Wheat Rolls Berry Blend White/Chocolate Milk | Lettuce Bowl w/Variety of Fruits & Vegetables Diced Turkey, Potato Soup Whole Wheat Roll Crackers White/Chocolate Milk | Taco Salad Bar Refried Beans Mexican Rice Whole Wheat Rolls Strawberries White/Chocolate Milk | Lettuce Bowl w/Variety of Fruits & Vegetables Tuna Salad Broccoli & Cheese Soup Whole Wheat Roll Crackers White/Chocolate Milk |