

**BROKEN ARROW MIDDLE SCHOOLS – NOVEMBER 9-13, 2009**

<b>Week #6</b>	<b>MONDAY NOV 9</b>	<b>TUESDAY NOV 10</b>	<b>WEDNESDAY NOV 11</b>	<b>THURSDAY NOV 12</b>	<b>FRIDAY NOV 13</b>
<b>MAIN LINE</b> 2.00/S 2.65/A	Cheese Enchiladas Refried Beans Mexican Rice Raspberries Milk & Juice	Chicken Nuggets Mashed Potatoes w/Gravy Glazed Carrots Pineapple Whole Wheat Rolls Milk & Juice	Chicken Parmesan Spicy Spaghetti Caesar Salad Grapes Garlic Toast Milk & Juice	Frito Chili Pie Wrap WK Corn Apple Wedge w/Caramel Milk & Juice	Chicken Fried Steak Mashed Potatoes w/Gravy Cucumbers w/Dip Pears Whole Wheat Rolls Milk & Juice
<b>PIZZA LINE</b> 2.00-2.25/S 2.65/A	Pizza Green Salad Raspberries Milk & Juice	Pizza Green Salad Pineapple Milk & Juice	Pizza Caesar Salad Grapes Milk & Juice	Pizza Green Salad Apple Wedges Milk & Juice	Pizza Cucumbers w/Dip Pears Milk & Juice
<b>BURGER LINE</b> 2.00-2.10/S 2.65-2.75/A	Grilled Chicken Sandwich French Fries Green Salad Raspberries Milk & Juice	Hamburger/Cheeseburger French Fries Green Salad Pineapple Milk & Juice	Hot Ham & Cheese French Fries Caesar Salad Grapes Milk & Juice	Chicken Filet on a Bun French Fries Green Salad Apple Wedges Milk & Juice	Hamburger/ Cheeseburger French Fries Cucumbers w/Dip Pears Milk & Juice
<b>SALAD BAR</b> 2.00-2.10/S 2.65-3.15/A	Lettuce Bowl w/Variety of Fruits & Vegetables Diced Chicken Black Bean Soup Crackers <u>or</u> Whole Wheat Roll Milk & Juice	<b><i>"Pasta Bar"</i></b> Green Salad Pineapple Milk & Juice	Lettuce Bowl w/Variety of Fruits & Vegetables Diced Ham Broccoli & Cheddar Soup Crackers <u>or</u> Whole Wheat Roll Milk & Juice	<b><i>"Build Your Own Burrito"</i></b> Apple Wedges Milk & Juice	Lettuce Bowl w/Variety of Fruits and Vegetables Chicken Gumbo Soup Crackers <u>or</u> Whole Wheat Roll Milk & Juice