

BROKEN ARROW SENIOR HIGH SCHOOL –NOVEMBER 9-13, 2009

WEEK #6	MONDAY, NOV 9	TUESDAY, NOV 10	WEDNESDAY, NOV 11	THURSDAY, NOV 12	FRIDAY, NOV 13
SQUARE MEAL \$2.10/S \$2.50/A	Chicken Parmesan Spicy Spaghetti Caesar Salad Raspberries Garlic Toast	Orange Chicken Brown Rice Oriental Vegetables Pineapple Whole Wheat Rolls	Chicken Strips Mashed Potatoes w/Gravy Mixed Vegetables Grapes Whole Wheat Rolls	Frito Chili Pie Wrap WK Corn Apple Wedge w/Caramel	Chicken Fried Steak Mashed Potatoes w/Gravy Cucumbers w/Dip Pears Whole Wheat Rolls
PIZZA LINE \$2.25/S \$2.75/A	Pizza Green Salad Raspberries	Pizza Green Salad Pineapple	Pizza Green Salad Grapes	Pizza Green Salad Apple Wedge w/Caramel	Pizza Green Salad Pears
BASKET MEAL \$2.10-2.60/S \$2.50-2.75/A	Chicken Nuggets French Fries Caesar Salad Raspberries Whole Wheat Roll	Corndog Nuggets French Fries Green Salad Pineapple Whole Wheat Rolls	Chicken Strips French Fries Green Salad Grapes Whole Wheat Rolls	Chicken Nuggets French Fries Green Salad Apple Wedge w/Caramel	Popcorn Chicken French Fries Cucumbers w/Dip Pears Whole Wheat Rolls
SANDWICH LINE \$2.10-2.20/S \$2.50-2.60/A	Chick-Fil-A French Fries Caesar Salad Raspberries	Spicy Chicken Sandwich French Fries Green Salad Pineapple	Hot Ham & Cheese French Fries Green Salad Grapes	Chicken Filet on a Bun French Fries Green Salad Apple Wedge w/Caramel	Hamburger/Cheeseburger French Fries Cucumbers w/Dip Pears
MEXICAN LINE \$2.10/S \$2.50/A	Nacho Bar Caesar Salad Raspberries	Burrito w/Cheese Green Salad Pineapple	Chicken Strips French Fries Green Salad Grapes Whole Wheat Rolls	Taco Bar Apple Wedge w/Caramel Whole Wheat Roll	Chicken Fried Steak Mashed Potatoes w/Gravy Cucumbers w/Dip Pears Whole Wheat Rolls
SALAD BAR \$2.25/S \$2.75/A	Lettuce Bowl w/Variety of Fruits & Vegetables Diced Chicken Black Bean Soup Whole Wheat Roll/Crackers	Pasta Bar Green Salad Pineapple Whole Wheat Rolls	Lettuce Bowl w/Variety of Fruits & Vegetables Diced Ham Broccoli & Cheddar Soup Whole Wheat Roll/Crackers	Taco Bar Apple Wedge w/Caramel Whole Wheat Roll	Lettuce Bowl w/Variety of Fruits & Vegetables Chicken Gumbo Soup Whole Wheat Roll/Crackers
CARTS	Subs Cold Sandwiches Boxed Lunches Hot Sandwiches	Subs Cold Sandwiches Boxed Lunches Hot Sandwiches	Subs Cold Sandwiches Boxed Lunches Hot Sandwiches	Subs Cold Sandwiches Boxed Lunches Hot Sandwiches	Subs Cold Sandwiches Boxed Lunches Hot Sandwiches